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HENRY BAKER COLLEGE MELUKAVU

Walk with a Scholar

ACADEMIC
YEAR

2019-20

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu is a Christian, Minority, Co-Educational, Government-aided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

Report of Walk with a Scholar Program

Henry Baker College Melukavu 2019-20

Walk With a Scholar (WWS) Program

Walk with a Scholar (WWS) scheme proposes to arrange specialized mentoring programs for students in Undergraduate Programs in Arts, Science and Commerce and to provide guidelines for their future career. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”.

The Government of Kerala had launched the Walk with a Scholar (WWS) Programme in the Govt. Arts and Science Colleges during 2012-13 and extended to Aided Arts and Science Colleges in 2014-15. 2018-19 Academic Year onwards Directorate of Collegiate Education is implementing the programme. The programme for 2019-20 is to be completed by 31st March 2020 as per the guidelines in this regard.

WWS Programme – Objectives

It has been observed that the students in Arts, Science and Commerce Colleges do not get necessary orientation to prepare them for employment or guidance necessary to select areas for higher study. Walk With a Scholar (WWS) scheme proposes to arrange specialized mentoring programs for students in Undergraduate Programs in Arts, Science and Commerce and to provide guidance for their future. The scheme introduces the idea of mentoring and builds on the concept of mentor as a ‘Guide’ and ‘Friend’. The mentoring scheme for students will be purely voluntary in nature. It will be open for all students entering the first year of the Undergraduate Programme of Study. The Scheme aims at giving necessary orientation to needy students, to prepare them for employment and give them necessary guidance, motivation and necessary mental support to identify appropriate areas for higher study as well as employment. The mentoring scheme should be planned to identify the opportunities available for the scholars, the areas suitable for them, the manner in which the scholar should proceed before them and evolve ways by which they can be acquired. There are two categories of mentors for the programme – Internal Mentor (Faculties from HENRY BAKER COLLEGE MELUKAVU) and External Mentor (Expert in various fields). Internal Mentor conducts internal mentoring sessions and External Mentor conducts external mentoring sessions on holidays.

WWS Scheme of Programme

- Students (mentees) selection of this programme is done during the beginning of first semester.
- Only 30 mentees are selected
- 6 students were allotted to a Internal Mentor
- Selection to the programme is merit based.

Detailed report on wws of Henry Baker college for the academic year 2019-20

The coordinator of wws programme convened a meeting of first year degree and second year students and explained the major changes in the programme. 30 students from four degree courses were selected and allotted to the mentors from the respective departments. This is in accordance with the revised guidelines of wws programme 2019-20. A meeting of the mentors were also convened and revised guidelines were conveyed to the mentors. Due to unforeseen holidays and end of the semester examinations during november and december ,we could start the programme in January 2020 only.

We conducted the program for final year, 2nd year and first year students. For final year students there is no external mentoring. They have internal mentoring only. This consists of 6 hours of internal mentoring. For 2nd year students Internal mentoring consists of 7 hours And external mentoring of 8 hours. For the first year students it is 10 hours of internal mentoring and 18 hours of external mentoring .

The details of the programme is given below.

Third year degree students.

INTERNAL	Duration
Learn to prepare a CV/ bio-data 1 hour	1 hour
Learn interview preparation skills	1 hour
Make a presentation of one's personal development plan and actions undertaken – reflect on current status, discuss way forward	1 hour
Conduct a mock interview with all scholars 3 hours 5 ment	3 hours

List of internal mentors for final year students.

Name of the mentor	Department
Aisha	History
Elizabeth prince	English
Prince Thomas	Physics
Lenittamol	Commerce

Components of WWS in the Second Year - Internal and External Mentoring

INTERNAL mentoring topics	Durati on	EXTERNAL mentoring topics	Durati on
Basics of research – with reference to the scholar’s discipline –research problem, review of literature, analysis etc. – Briefly	2 hours	Learn how to review a journal article	2 hours
Discuss a journal article – preferably based on scholar’s area of interest	1 hour	Learn Soft Skills, Presentation Skills etc.	3 hours

Know about research-related opportunities in the discipline and allied ones, Scholarship opportunities, Higher education opportunities	3 hours	Session on Gender Sensitization	1.5 hours
Review the scholar's personal	1 hour	Session on environment Sensitization	1.5 hours

List of internal mentors for Second year students.

Name of the mentor	Department
Ansa Andrews	English
Dr.Jibin Mathew	History
Dr.Disha V J	Chemistry, representing physics dept.
Ashly mareena Mathew.	Commerce

List of external mentors for Second year students.

Name of External mentor	Topic	Date	Duration
Dr. Brijesh Marian college kuttikkanam	Learn Soft Skills, Presentation	13/01/2020 FN	3 hours

	Skills etc.		
Dr. Sumesh Dept of physics, st George college Aruvithura	Learn how to review a journal article	18/01/2020 AN	2 hours
Dr. Sonia Thomas Department of English Alphonsa college Pala	Session on Gender Sensitization	01.02/2020 FN	1.5 hours
Krishnadas chinnappan Researcher, depart ment of history Baselious college kottayam	Session on environment Sensitization	01/02/2020 FN	1.5 hours

Components of WWS in the First year - Internal and External Mentoring

INTERNAL mentoring topics	Duration	EXTERNAL mentoring topics	Duration
Know your scholar	1 hour	How to read and review an academic book?	2 hours
Philosophy of the Discipline	1.5 hours	Developing Scientific Temper; Essential aspects of Research in Contemporary Society	2 hours
From a Student to a	1.5 hours	Self-awareness –	2 hours

Scholar; Self-directed learning		SWOT analysis Making Personal Development Plan (PDP)	
Know your Discipline from a Critical Thinking Perspective; Interdisciplinarity ; Cutting edge areas of the discipline	3 hours	Goal Setting – Setting realistic Goals, Making Action plans to achieve goals	2 hours
Identifying Personal Strengths and Limitations	1 hour activity	Meet two experts (academicians, scientists, practitioners etc.). Know her/him personally and the area of expertise. Scholars are given opportunity to interact with the expert.	2 hours each with the mentors (2 *2= 4 hours)
Discuss personal action plan to develop personal strengths	2 hours	Art and self-development (Theatre and/or other expressive art forms as medium of self-	3 hours

		expression)	
Write a Book review	HOME WORK	Understanding the Constitution and Democratic Values	3 hours
Make a plan to develop at least 3 personal strengths	HOME WORK		

Internal mentors First year

Name of the mentor	Department
Aruna Vimalan	English
Dr.Nisha Joseph	History
Athira V	Mathematics representing Physics Department
Shinu Thomas	Commerce

List of External mentoring session for first year students.

Name of External mentor	Topic	Date	Duration
Dr.Brijesh Marian college kuttikkanam	Self-awareness – SWOT analysis Making Personal Development Plan (PDP)	13/01/2020 An	2 hrs
Nidhin jose St. Thomas college pala	Understanding the Constitution and Democratic Values	18/01/2020 FN	3 hours
Dr. Sumesh St. George's college	Developing Scientific Temper;	18/01/2020 FN	2 hours

Aruvithura	Essential Aspects of Research in Contemporary Society		
Dr. Mathew Kanamala St. Josephs college moolamattom	Goal Setting – Setting realistic Goals, Making Action plans to achieve goals	01/02/2020 FN	2 hours
Dr. Jibin Assistant professor on contract Henry Baker college melukavu	How to read and review an academic book?	01/02/2020 AN	2 hours
Dr. Jose James St Josephs college Moolamattom	Meet an academician	08/02/2020 FN	2 hours
Alex Abraham St. George's college Aruvithura	Art and self-development (Theatre and/or other expressive art forms as medium of self-expression)	08/02/2020 AN	3 hours
Dr. Jinson George St Thomas college Pala	Meet an academician	15/02/2020 FN	2 Hours

WALK WITH THE SCHOLAR PROGRAMME 2019-20
LIST OF STUDENTS
FIRST YEAR

SL NO	NAME OF THE STUDENT	DEPARTMEN T
1	DEENAMOL	HISTORY
2	NANDHANA K. SUDHAN	HISTORY
3	ALFIYA C R	HISTORY
4	ALFIYA ILLIAS	HISTORY
5	SHAMEEMA	HISTORY
6	CHINCHU MOL SEBASTIAN	HISTORY

7	AMMUKUTTY. S	HISTORY
8	BIJIMOL.	HISTORY
9	SHYLA R	HISTORY
10	LAYA	ENGLISH
11	AMINA	ENGLISH
12	AISWARYA	ENGLISH
13	ABITHA BABU	ENGLISH
14	ALAN	ENGLISH
15	DENY	ENGLISH
16	SAJU BINU	B Com
17	ANWARSHA K. MOOSA	B Com
18	BIBIN RAJESH	B Com
SL NO	NAME OF THE STUDENT	DEPARTMENT
19	MARIYA VARGHESE	B Com
20	DIVYA SASIDHARAN	B Com
21	AMITHA BINU	B Com
22	DEVIKA AJIMON	B Com
23	POORNIMA DILEEP	B Com
24	ALPHONSA BIJU	PHYSICS
25	DEVIKA SUNIL	PHYSICS
26	SAJU MON	PHYSICS
27	ANANDA NARAYANAN	PHYSICS
28	FEMINA THAHA	PHYSICS
29	MERLIN JULIET	PHYSICS
30	ANJU MANOHARAN	PHYSICS

WALK WITH THE SCHOLAR PROGRAMME 2019-20
LIST OF STUDENTS

SECOND YEAR

SL NO	NAME	DEPARTMENT
1	AJITH TOM	ENGLISH
2	TINOY ELVIS	ENGLISH
3	SRUTHY R NAIR	ENGLISH
4	NISHANA. P. A	ENGLISH
5	FATHIMA K A	ENGLISH
6	SURYADEVI . M MADHU	ENGLISH
7	JINU ANNA KOSHY	ENGLISH
8	AYSHA SHOUKATH	ENGLISH
9	THAHSIN M S	ENGLISH
10	ANJALY SURESH	COMMERCE
11	AMALAMOL. P SATHEESH	COMMERCE
12	SANDRA SANTHOSH	COMMERCE
13	ATHIRA A .S	COMMERCE
14	ATHIRA BABURAJ	COMMERCE
15	ASWATHY P K	COMMERCE
16	SIRAJA K A	COMMERCE
17	TREESA ROSE V. J	COMMERCE
18	EMMANUEL THOMAS	HISTORY
19	SUNU BABU	HISTORY
20	ASWATHY.M JEEV	HISTORY
21	ANNIE SUMMER ANDREWS	HISTORY
SL NO	NAME	DEPARTMENT
22	SANEESHA SABU	HISTORY
23	NEENUMOL RAJU	HISTORY

24	JOSNA SEBATIAN	HISTORY
25	NITHYAMOL MATHEWS	PHYSICS
26	MEENU BENNY	PHYSICS
27	NANDU K SURENDRAN	PHYSICS
28	JOE P THOMSON	PHYSICS
29	BIJILIMOL JOHN	PHYSICS
30	CHIPPY JAYAMON	PHYSICS

WALK WITH THE SCHOLAR PROGRAMME 2019-20
LIST OF STUDENTS
THIRD YEAR

SL NO	NAME	DEPARTMENT
1	AKZAMOL BABY	PHYSICS
2	MARKABEENA E	PHYSICS
3	ABHISHNA T R	PHYSICS
4	PARVATHY S MOOZHARIYIL	PHYSICS
5	ANJANA P RAJ	PHYSICS
6	CHRISTY KURIAN	PHYSICS
7	ANJALY P RAJ	PHYSICS
8	SHILPA SANTHOSH	B .Com
9	ALPHY JACOB	B .Com
10	LITTY JOSH	B .Com
11	JAYALAKSHMI MANOJ	B .Com
12	RITCY KURIACHAN	B .Com
13	AKHILA C BABU	B .Com
14	FEBIN ASIYA	B .Com
15	MISRIYA K M	B A ENGLISH

16	NAMITHA THOMAS	B A ENGLISH
17	KRISHNA RAJ	B A ENGLISH
18	ANEETTA BIJU	B A ENGLISH
19	LAKSHMI SURESH	B A ENGLISH
20	BERCY RAJAN	B A ENGLISH
SL NO	THOMAS A AJAY	B A ENGLISH
	NAME	DEPARTMENT
21	ARJUN SETHURAM	B A ENGLISH
22	ATHULYA	HISTORY
24	NEENUMOL THOMAS	HISTORY
25	DONA JOSEPH	HISTORY
26	SHAMLATH NOUSHAD	HISTORY
27	MINU SUKUMARAN	HISTORY
28	BINILA THOMAS	HISTORY
29	SONA SOJAN	HISTORY
30	ARAVIND SHAJI	HISTORY

WALK WITH A SCHOLAR STATEMENT of EXPENDITURE 201 9-20

S I. N O .	Voucher No.	Date	Particulars	Amount	PAID TO	Head wise total
1.	1/19- 20/WWS	14/02/2020	Remuneration for Internal Mentoring	5000/-	Aruna Vimalan	20000/- (First Year)
2.	2/19- 20/WWS	15/02/2020	Remuneration for Internal Mentoring	5000/	Nisha Joseph	
3.	3/19- 20/WWS	15/02/2020	Remuneration for Internal Mentoring	5000/	Athira V	
4.	4/19- 20/WWS	15/02/2020	Remuneration for Internal Mentoring	5000/	Shinu Thomas	
5.	5/19- 20/WWS	14/02/2020	Remuneration for Internal Mentoring	3500/	Ansa Andrews	14000/-
6.	6/19-	15/02/2020	Remuneration for Internal	3500/	Jibin Mathew	

	20/WWS		Mentoring					(Second Year)
7.	7/19-20/WWS	15/02/2020	Remuneration for Mentoring	Internal	3500/	Disha V J		
8.	8/19-20/WWS	15/02/2020	Remuneration for Mentoring	Internal	3500/	Ashly		
9.	9/19-20/WWS	15/02/2020	Remuneration for Mentoring	Internal	3000/-	Aisha		12000/-
10.	10/19-20/WWS	14/02/2020	Remuneration for Mentoring	Internal	3000/-	Elizabeth		(Third Year)
11.	11/19-20/WWS	15/02/2020	Remuneration for Mentoring	Internal	3000/-	Prince Thomas		
12.	12/19-20/WWS	15/02/2020	Remuneration for Mentoring	Internal	3000/-	Lenittamol		
13.	13/19-20/WWS	13/01/2020	Remuneration for Mentoring	External	3000/-	Dr.Brijesh		
14.	14/19-20/WWS	18/01/2020	Remuneration for Mentoring	External	4500-	Nidhin jose		
15.	15/19-20/WWS	18/01/2020	Remuneration for Mentoring	External	3000/-	Dr. Sumesh		27000/-
16.	16/19-20/WWS	01/02/2020	Remuneration for Mentoring	External	3000/-	Dr. Mathew		(First Year)
17.	17/19-20/WWS	01/02/2020	Remuneration for Mentoring	External	3000-	Dr. Jibin		
18.	18/19-20/WWS	08/02/2020	Remuneration for Mentoring	External	3000-	Dr. Jose James		
19.	19/19-20/WWS	08/02/2020	Remuneration for Mentoring	External	4500	Alex Abraham		
20.	20/19-20/WWS	15/02/2020	Remuneration for Mentoring	External	3000	Dr. Jinson		
21.	21/19-20/WWS	13/01/2020	Remuneration for Mentoring	External	4500/-	Dr. Brijesh		
22.	22/19-20/WWS	18/01/2020	Remuneration for Mentoring	External	3000/-	Dr. sumesh		12000
23.	23/19-20/WWS	01.02/2020	Remuneration for Mentoring	External	2250	Dr. Sonia		(Second Year)
24.	24/19-20/WWS	01/02/2020	Remuneration for Mentoring	External	2250	Krishnadas		
25.	25/19-20/WWS	15/02/2020	Coordinator honorarium		20000/-	Korah Jacob		20000/-
26.	26/19-20/WWS	18/01/2020	Lunch		2500	A One		4500
27.	27/19-20/WWS	01/02/202	Lunch		1000-	A one		

28.	28/19-20/WWS	08/02/2020	Lunch	1000-	A one	
29.	29/19-20/WWS	13/01/2020	Stationary kit	3600/-	Hbc co-op soc	3600/-
30.	30/19-20/WWS	14/01/2020	Office Expense	3200/-	Hbc co-op soc	8500/-
31.	31/19-20/WWS	15/02/2020	Office Expense	3300/-	Hbc office	
32.	32/19-20/WWS	15/02/2020	Office Expense	1000	T A to korah	
33.	33/19-20/WWS	15/02/2020	Office expense	1000	Aiswariya	
Total				1,2160 0		1,21,600/-

Total Amount (in words) (Rupees: One Lakh twentyone thousand and six hundred only)

Signature
Co-ordinator

Signature
Principal

WALK WITH A SCHOLAR 2019-20

PROFORMA FOR STATEMENT OF EXPENDITURE FOR THE SCHEME OF WALK WITH A SCHOLAR IN AIDED COLLEGES 2019-20

- Name of the College : Henry Baker College Melukavu
- University Affiliated : Mahatma Gandhi University Kottayam
- Grant Sanctioned/ Allotted : Rs: 1,37600/-

Item of Expenditure

SI NO	HEAD	AMOUNT
1.	External mentoring 18 hrs @RS. 1500/ hour (First Year)	27000/-
2.	External mentoring 8 hrs @RS. 1500/ hour (Second Year)	12000/-
3.	Internal mentoring first year (10x5 mentors= 50 sessions)@500/- per hour	25000/-
4.	Internal mentoring second year (7x5 mentors= 35 sessions)@500/- per hour	17500/-
5.	Internal mentoring third year (6x5 mentors= 35 sessions)@500/- per hour	15000/-

6.	Lunch @Rs 50/- for External mentoring sessions	6000/- (first year)
7.	Lunch @Rs 50/- for External mentoring sessions	3000/- (second)
8.	Coordinator honorarium	20000/-
9.	Stationary Kit for Students	3600/-
10.	Office Expenses (attending meeting etc)	8500/-
	Total	137600/- (Rupees: One Lakh Thirty Seven thousand and six hundred only)

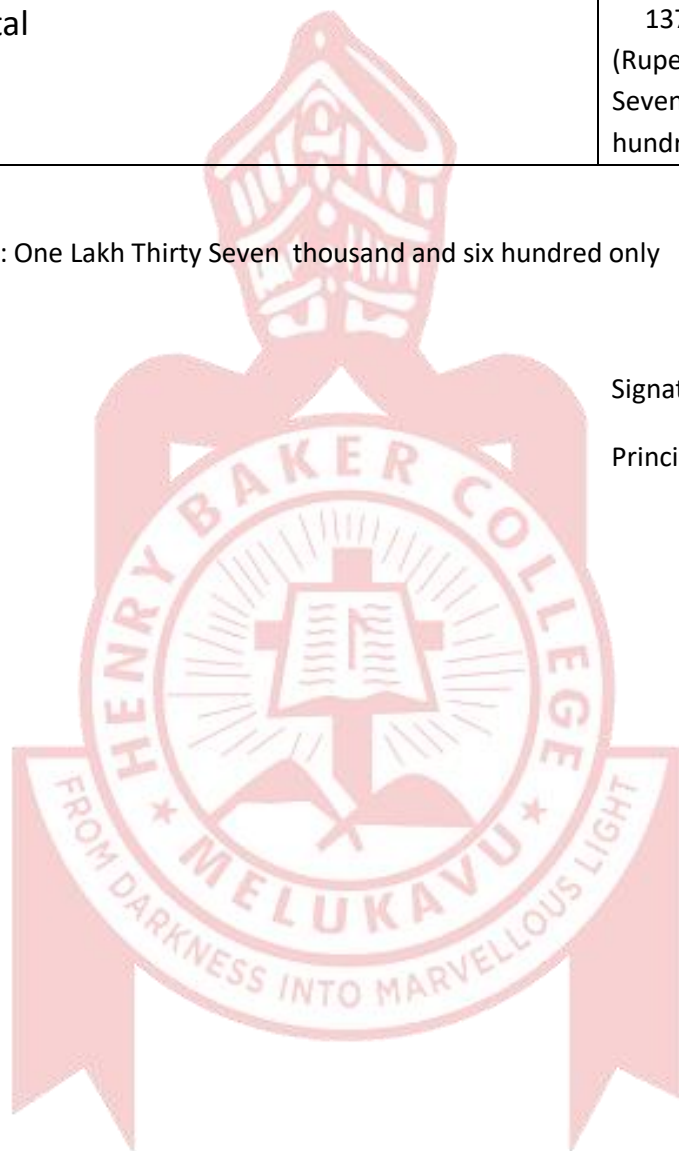
Rupees(In Words) : One Lakh Thirty Seven thousand and six hundred only

Signature

Coordinator

Signature

Principal



WALK WITH A SCHOLAR 2019-20

HENRY BAKER COLLEGE

This is to certify that an amount of RS: 1,21,600(One Lakh twentyone thousand and six hundred only) out of the sanctioned amount of 1,37,600 sanctioned by the directorate of collegiate education, government of kerala in connection 2019-2020 with the WWS programme was effectively utilized for completing the events successfully.

Coordinator

Principal

This report is prepared by Korah Jacob coordinator Walk with A scholar programme for the academic year 2019-20

